

# LEPTOSPIROSIS



**What is it?** Leptospirosis is a severe acute febrile illness caused by bacteria contained in rat urine and can lead to death.

The person can get this disease from contact with water or mud from floods, rivers, cleaning cesspools or water tanks (contaminated by rat urine).



## Symptoms:

- Symptoms usually appear between 1 and 2 weeks after contact, but can occur up to 30 days later. They are:
- High fever and headache;
- Pain in the body or muscles, especially in the calf (leg potato); Nausea, vomiting, tiredness and jaundice (yellowish skin).



## What to do in case of suspected leptospirosis?

Dive to the health service immediately and inform them that you have had contact with places that may be contaminated by rat urine.



## Protect yourself from leptospirosis

- **Avoid contact with flood water or mud;**
- Use boots and gloves. If not, place double plastic bags on hands and feet;
- **Throw away food and medicines hit by flood water or mud, even if it's tightly sealed;**

- **Clean areas and materials that got into contact with water.**
- Wash floors, walls and countertops with water and soap, then disinfect with bleach at a rate of 400 ml for each bucket with 20 liters of clean water. Let it acts for 30 minutes.



**Access the complete material here!**

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