# WOMAN,

in this time of social distancing, we want to remind you that we remain close.

Staying at home to protect yourself from Covid-19 is very important, but it is not easy.

Intense coexistence can generate or aggravate episodes of violence against women. If you are suffering aggression or threats, seek the services of the Municipal Secretariat for Human Rights and Citizenship of São Paulo.

## #Weremainclose



## I'm suffering violence. Where can I get help during the epidemic?

#### Casa da Mulher Brasileira

24 hour service Vieira Ravasco Street, 26 - Cambuci (11) 3275.8000

Temporary shelter for cases of imminent death. Service in sign language through the Intermediation Center to assist deaf women.

## Coordination of Policies for Women

8:00 am to 6:00 pm, from monday to friday (11) 2833.4362 smdhccpm@prefeitura.sp.gov.br

## Reference and Citizenship Centers for Women

10:00 am to 4:00 pm Check addresses on the website of the Municipal Secretariat for Human Rights and Citizenship

#### **Call 180**

24 hour service The call can be anonymous

### **Call 190**

24 hour service Military Police

You also ask for help at Police Station, Women's Defense Police Station or nearest Health Unit

