# GUIDELINES FOR HOMELESS PEOPLE

# NEW CORONAVÍRUS (COVID-19)

## WHAT IS IT

THE NEW CORONAVIRUS IS A VIRUS THAT CAUSES RESPIRATORY INFECTIONS

## SYMPTOMS



COUGH



## **HOW DO YOU GET THE VIRUS?**

- SNEEZE, COUGH, SPARROW, SALIVA
- PHYSICAL CONTACT WITH CONTAMINATED PLACES AND, THEN, TOUCH ON THE FACE
- ANY PHYSICAL CONTACT BETWEEN INFECTED PERSONS

## **ATTENTION GROUPS**

ELDERLY PEOPLE, PEOPLE WITH RESPIRATORY PROBLEMS, DIABETES, HIGH PRESSURE, HIV AND OTHER CHRONIC DISEASES



# WHAT CAN I DO TO NOT BECOME INFECTED NOR TO SPREAD THE VIRUS?

- 1) Do not share personal things: drink, cigarette, straw
- 2) Keep your space as clean as possible
- 3) Avoid kisses and hugs
- 4) Avoid touching eyes, nose and mouth
- 5) Cover your nose and mouth with your arm when sneezing and coughing
- 6) Whenever you can, wash your hands thoroughly
- 7) Whenever you have access, use alcohol gel on your hands
- 8) Use a mask only if you have the virus. In this case, if possible, change every day
- 9) Share this information with your colleagues

### WHERE CAN I EAT AND MAKE MY HYGIENE?

#### **DOWNTOWN**

Núcleo CHÁ DO PADRE - Riachuelo Street, 268 – Centro Phone: 3105-1623

Núcleo PENAFORTE - Doutor Penaforte Mendes Street, 56 Bela Vista - Phone: 3231-1661

Núcleo PRATES - Prates Street, 1101 - Bom Retiro Phone: 2664-8400

Núcleo DOM ORIONE - Treze de Maio Street, 320 - Bela Vista Phone: 3106-7235

#### **EAST**

Núcleo RESTAURA-ME - Monsenhor de Andrade Street, 746 Brás - Phone: 3326-1734 Núcleo CAJURU - Cajuru Street, 326 - Belenzinho

Phone: 2694-0882

Núcleo SÃO MARTINHO - Sigueira Cardoso Street, 259/277

Belenzinho - Phone: 2693-6251

#### **WEST**

Núcleo BORACEIA - Norma P. Gianotti Avenue, 77 - Barra

Funda - Phone: 3392-6163

#### NORTH

Núcleo PORTO SEGURO - Porto Seguro Street, 235 - Ponte Pequena - Phone: 3326-6640

#### SUL

Núcleo SANTO AMARO - Promotor Gabriel Nettuzzi Peres Street, 81 - Phone: 2528-2922

### HOW DO I GET SHELTER?

**EMERGENCY SHELTER CENTERS** WERE OPENED.

ACTIVATE THE **SOCIAL APPROACH SERVICE TEAMS** (GREEN VESTS);

CALL NUMBER 156 OF THE CITY HALL: OR

GO TO A **CENTRO POP** (SPECIALIZED REFERRAL CENTER FOR HOMELESS PEOPLE), AT THE FOLLOWING ADDRESSES:

#### **DOWNTOWN**

Centro POP BELA VISTA - Tiradentes Avenue, 749 - Luz

Phone: 99919-8717

Centro POP SANTA CECÍLIA - Mauá Street, 36 - Santa Ifigênia

Phone: 3221-6395

#### **EAST**

Centro POP MOOCA - Cajuru Street, 374 - Belenzinho

Phone: 2692-0142 | 2292-2422

#### NORTH

Centro POP VILA MARIA - Zaki Narchi Avenue, 600 - Carandiru

Phones: 2221-1033 | 99627-2243

Centro POP SANTANA - Banco das Palmas Street, 361 - Santa-

na

Phones: 2950-1289 | 2979-0522

#### **SOUTH**

Centro POP SANTO AMARO - Promotor Gabriel Nettuzzi Peres Street, 81 - Phones: 5521-3103

## WHERE DO I GET WATER?

There are ten points of drinking water, for you to wash your hands and drink water. They are located in the central region of the city, check the addresses:

- Praça da Sé

- Pátio do Colégio

- Largo São Francisco

- Praça da Liberdade

- Parque Dom Pedro

- Largo São Bento

- Largo do Paissandu

- Praça da República

 Lgo. General Osório e Pça. Princesa Isabel/Luz

- Praça Marechal Deodoro

### WHAT IF I FEEL THE VIRUS SYMPTOMS?

If you have cough, fever and shortness of breath, **seek immediate medical attention**, such as AMAS, UPAS and EMERGENCY ROOMS that you usually go to.

**Request information** for the Consultório na Rua (Street Medical Office) and Redenção na Rua (Redenção's Street Office) teams, during their approaches.

If you are experiencing symptoms, use a mask as soon as you have access to it, clean your hands whenever possible and cover your mouth and nose when coughing and sneezing